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November 2005



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tion that helps with everyday issues as well as healing past experiences. A spiritual perspective reveals the meaning within our experiences, bringing insight, awareness and guidance for personal and spiritual growth.

Reverend Carol Baxter can be reached at 772-785-7862

Holistic Treatment Center for Women of Substance Abuse

Orchid is a treatment center unlike any other. It is here that women find an approach that is uniquely focused on the recovery needs of the female. Orchid's program melds traditional 12-Step philosophies with modalities based on the latest empirical research into the treatment of addicted women. In a place where the sun meets the sand, in one of the world's recovery meccas, women join a treatment community whose rhythms move to a special feminine beat.



After receiving a degree in business, founder Julie Queler began her career in New York City as a literary agent. A lifetime of travel and multi-cultural experiences is the basis of Queler's special holistic approach to life and work. Later, her work in the field of treatment of substance abuse and addiction became an inspiration and a stepping-stone for her current passion, *How Women Heal*.

Working closely on a day-to-day basis with women in treatment for substance abuse, she was deeply moved by their plight. Knowing intuitively that women heal differently than men, she sought out the how and why this is so.

Next, Queler collaborated with Dr. Karen Dodge who had written her PhD dissertation on women's sensitive treatment for substance abuse. Together they devised a program based on this empirical evidence. This became the backbone of treatment protocol at Orchid.

Orchid believes that women mend more fully in an environment that addresses their total physical, emotional and spiritual needs. "One very important aspect of this unique program of treatment is the creation of strong inter-reliances between women, an essential component of recovery," explains Queler.

Orchid has become the center of choice when choosing a

women's treatment center. An open-ended holistic approach to healing, infused with multi-disciplinary protocols that include acupuncture, massage, breath work, healing sound therapy, and yoga combined with art therapy make up the program.

Julie Queler's newest project, *Healing Spaces and the Impact on Recovery*, is research outlining the principle guidelines for the physical elements of an optimal healing environment. "My goal is to make meaningful contributions in this area that are likely to make a significant impact on healing in the field of addiction," says Queler.

By the end of 2005 or early 2006 Orchid will move to a new location in Lake Worth. The new center will be the first prototype, designed from the ground up, to evoke wellness by "just being there."

For more information call 1-888-Orchid5 or go to their website www.orchidrecoverycenterforwomen.com

New at Spiritual Path Foundation Sunday Zen Meditation

Meditation lies at the core of Buddhism teachings and is a direct path to freedom and enlightenment. Sunday morning Zen Meditation will take place at The Spiritual Path Foundation in Fort Pierce. Beginners follow the three guidelines: simplicity, clarity and spiritual strength. Students learn to become more aware and peaceful and develop unconditional love and acceptance through passed down Ancient Tantrum Practices. Students with pure intentions and determination can learn to overcome paralyzing fears that limit ones true happiness.

Meditation will be lead by Intern Hospice Chaplain Vaughn Smith. Founder of *Buddhist Society of Contemplative Living*, Chaplain Smith, also known as Sankhodae Sunim, is a dynamic teacher who has a calming effect on practitioners and penetrates to the heart of Buddhist teachings while helping students cultivate compassion for themselves and others. Chaplain Smith is also a Reiki Healer with a long resume of training and life accomplishments including

