



CHICAGO
health
+ **wellness**

AUGUST/SEPTEMBER 2007 \$3.95

**ARE ALL
CALORIES
CREATED EQUAL?**

**ORGANICS:
WHICH ARE BEST**

**6 KEYS
TO SENIOR FITNESS**

**MOMS AND ANXIETY:
WHEN WORRY WINS**

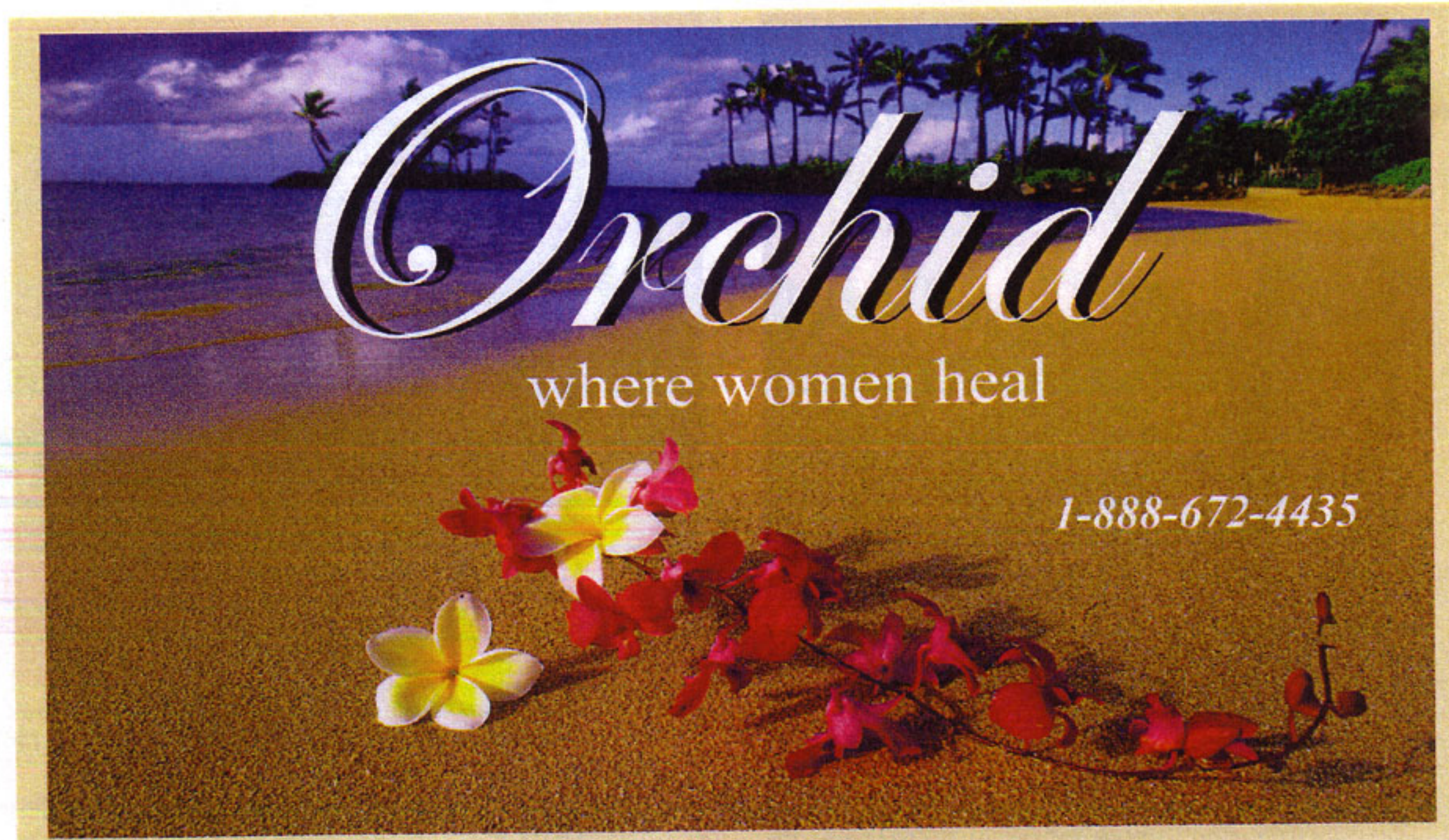
**FIGHTING
CHILDHOOD
OBESITY**

**Special Focus:
Alcohol + drug
treatment centers**



www.chicagohealthnews.com

alcohol and drug treatment»»



Orchid is a substance abuse treatment center unlike any other because it is here that women find an approach that is uniquely focused on the recovery needs of a female. Orchid's program seamlessly melds traditional 12-step philosophies and modalities based on the latest empirical research into the treatment of addicted women. In a place where the sun meets the sand, in one of the world's recovery meccas, women join a treatment community whose rhythms move to a special feminine beat. For more information please call 1-888-ORCHID5 or visit our website.

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